JADAD standards
Methodological quality of RCTs

Was the trial randomized?
Was the randomization procedure described and was it appropriate?
Was the treatment allocation concealed?
Were groups similar at baseline on prognostic indicators?
Were blind outcome assessments conducted?
Was the number of withdrawals/dropouts in each group stated?
In addition to dropouts, were reasons given for dropouts?
Was an analysis conducted on the intention-to-treat sample?
Was a power calculation described?

Each of the underlined items gets a JAHAD score of 1, for a total possible of 4.